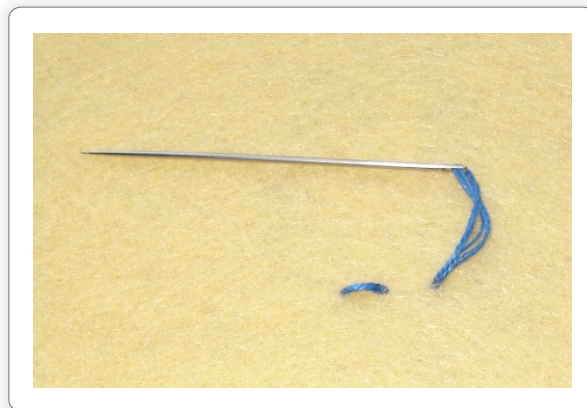


BACKSTITCH

THE BACKSTITCH IS A SIMPLE AND EASY EMBROIDERY STITCH THAT WILL CREATE A SOLID LINE WHEN COMPLETED.

STEP 1

To start the backstitch, bring your needle up from the back of the fabric. Then put your needle back down through the fabric again, about 1/8" – 1/4" from where you just came up. Then simply pull your embroidery floss snug against the fabric, making your first stitch. Now bring the needle up again, about 1/8" – 1/4" away from your first stitch. Whatever length of stitch you make is fine and not too important, but just make sure that you keep them consistent.



STEP 2

Now send your needle back down in the same spot where your first stitch ended. This is the "back" part of the backstitch.



STEP 3

Again, bring your needle up from the back a consistent space away from your previous stitch. And then simply stitch back again as you did in step 2.

